



MAGIC CIRCLE WILL BE ADDING GYMNASTICS CLASSES AT WINGYM!



Preschool gymnastics introduces basic movement patterns to develop coordination, motor skills, balance and physical strength - all of which help also to improve cognitive brain growth. The weekly sessions (which are lead by instructors) begin with a cheerful warmup including music and dancing, followed by simple but fun exercises as well as exploring age & level appropriate apparatuses . The children are so much having fun and exploring new activities while doing wonderful things for the body and mind - We are thrilled to be able to offer this WYMGYM preschool Gymnas-

